## LEVEL UP Part 3: Our Outlook

## **OUR OUTLOOK ON LIFE**

- A habitual or characteristic mental attitude that determines how you will interpret and respond to situations
- Three general outlooks
  - 1. Negative; pessimistic, tending to see things dark. Often fear based.
  - 2. Positive; optimistic, tending to see things on the bright side. Can be denial.
  - 3. Neutral; realistic, tending to see things just as they are. Limited.
- Spiritual outlook
  - 1. Faith based
  - Doesn't ignore the situation but looks beyond it
  - 3. Based on God's word, not situational (Romans 8:6 NKJ)

## A NEW OUTLOOK (2 Kings 6:14-17 NKJ)

- The servant's outlook
  - 1. Negative fear based alas or oh no
- Elisha's outlook
  - 1. Spiritual faith based
  - 2. He was obviously looking beyond what was visible Elisha's prayer
  - 1. He did not pray for his servant not to be fearful
  - 2. He prayed for God to open his eyes that he would see beyond what God had provided

## **LEVELING UP OUR OUTLOOK**

- Pay close attention to where you are paying close attention
  - 1. Where is your focus? (Luke 11:34 NIV)
  - 2. A focus on God's word, what He has said is the basis for a healthy / spiritual outlook
- If you can't change it don't carry it (1 Peter 5:6-7 NKJ)
  - 1. How much of our cares (worries) are things we can't change?
  - And if you can change it you are better equipped without the care
- Pray and ask God to open our eyes (2 Corinthians 4:17-18 NKJ)
  - 1. So we can see what God has done and what's available to us
  - 2. How to accurately see our problems light and momentary?
  - 3. How we are positioned in His Kingdom