

IMPROVING YOUR PERSPECTIVE

Part 1 - All About The Heart

TEXT: *(Proverbs 4:23 NKJV) Keep your heart with all diligence, For out of it spring the issues of life.*

WHERE WE KEEP OUR MINDS MAKES A BIG DIFFERENCE *(Romans 8:5-6 NKJV)*

- What are you looking at?
 1. A better question might be where are you looking?
 2. We are more than just a mind (brain) and a body
 3. The most important part of us is spirit ***(1 Thessalonians 5:23 NKJV)***
- To be spiritually minded
 1. Has to be more than what we feel or emotions or logic or reasoning
 2. Will be different from the culture and environment around us
 3. A big part of being spiritually minded is what are we thinking about?
 4. Developing a more spiritual perspective is up to us, not God ***(Romans 12:1-2 NKJV)***

SWITCHING TO A HEART FIRST PERSPECTIVE

- Our heart is important ***(Proverbs 4:23 NKJV)***
 1. We understand the importance of physical heart health
 2. Our heart (spirit) represents the core of who we are
 3. Important instructions are laid out revealing ways to protect our heart ***(Proverbs 4:20-22 NKJV)***
- Heart impact ***(Proverbs 14:30 NKJV)***
 1. A healthy, healed, peaceful heart impacts our bodies
 2. Envy and jealousy are toxic to our health
 3. Party or problem ***(Proverbs 15:15 NKJV)***