GAINING STRENGTH

THE STRENGTH ADVANTAGE

- Stronger is better
 - 1. Enhanced ability to handle pressure
 - 2. Spiritual strength impacts mental / emotional / physical well-being
 - 3. A relationship with the Lord can have a huge impact on strength
- Paul's place of strength (Philippians 4:11-13 NASB)
 - 1. He was content self-sufficient, not scrambling
 - 2. He called it a learned secret something developed in him
 - 3. Through Christ who strengthens more than a performance scripture

TWO BLIND MEN MODEL STRENGTH (Matthew 9:27-31 NKJV)

- · They were committed to connecting with Jesus
 - 1. They heard He was a miracle worker and merciful
 - 2. Their commitment was challenged
- · They only spoke what they believed
 - 1. They did not talk about their blindness
 - 2. What they believed was vital to them receiving from the Lord
- They acknowledged Jesus as Lord
 - 1. The word Lord comes from the word might/powerful
 - 2. They were calling Jesus a greater power and authority

ADDING SPIRITUAL STRENGTH

- Make a quality commitment to the Lord (Acts 11:23 NKJV)
 - 1. Purpose; a determination, a resolve
 - 2. Too many things that try to pull us off course
 - 3. Believe Jesus is the greatest source of life
- Speak what you believe (2 Corinthians 4:13 NKJV)
 - 1. A learned behavior requires retraining
 - 2. What is written becomes the basis of our belief
 - 3. Speaking about problems / the past / and people
- · Make Yes Lord a part of your life
 - 1. Lord acknowledges Him as top authority
 - 2. Yes, Lord, I will obey You
 - 3. Yes, Lord, I believe