

# **KEEPING COURAGE**

## **Part 4 - A Heart With Perspective**

TEXT: *(2 Corinthians 4:1 NKJV)*

### **DEVELOPING A SPIRITUAL PERSPECTIVE HELPS US GAIN AND KEEP COURAGE**

- Paul placed great emphasis on the heart (inner man) *(2 Corinthians 4:16-18 NKJV)*
  1. There's a whole lot of money in anti-aging. The fountain of youth
  2. But we can focus on the one part of us that does not age
- Paul had a different perspective; a spiritual perspective
  1. He called affliction light and momentary
  2. His perspective was not the way the majority of people see things
  3. Where we look impacts our heart and our courage
- Where we keep our minds (look at, perspective) makes a big difference *(Romans 8:5-6 NKJV)*
  1. We are more than just a mind (brain) and a body
  2. The most important part of us is spirit *(1 Thessalonians 5:23 NKJV)*
  3. To be spiritually minded
  4. Developing a more spiritual perspective is up to us not God *(Romans 12:1-2 NKJV)*

### **A HEART FIRST PERSPECTIVE**

- Our heart is important *(Proverbs 4:23 NKJV)*
  1. We understand the importance of physical heart health
  2. Our heart (spirit) represents the core of who we are
- Heart impact *(Proverbs 14:30 NKJV)*
  1. A healthy, healed, peaceful heart impacts our bodies
  2. Envy and jealousy is toxic to our health
  3. Party or problem *(Proverbs 15:15 NKJV)*