

HEART THERAPY

Part 1

TEXT: Proverbs 18:14 AMPC *The strong spirit of a man sustains him in bodily pain or trouble, but a weak and broken spirit who can raise up or bear?*

GOD'S DESIGN FOR HEART THERAPY (*Proverbs 4:20-22 NKJV*)

- God's word has to be a priority
 1. Jesus emphasized the importance of God's word (*Luke 4:4 NKJV*)
 2. God's word likened to spiritual food (*1 Peter 2:2 NKJV*)
 3. Attend to God's word (*Isaiah 48:17-18 NKJV*)
 4. Incline your ear - to stretch out; to pay attention (*Mark 4:24 NKJV*)
 5. There will be noise we have to tune out (*Mark 4:23-24 NKJV*)
- Connect God's word to your vision
 1. Don't let His word depart from your eyes
 2. Seeing ourselves in the light of God's word (*Romans 8:6 NKJV*)
 3. Keeping God's word in the midst of your heart
 - (*Joshua 1:8 NKJV*)
 - (*Romans 10:8 NKJV*)
 - (*1 Timothy 4:15 NKJV*)
- Recognize the spiritual power in God's words
 1. Can bring life to areas that have never been productive (*Romans 4:18 NKJV*)
 2. Health - also translated medicine
 - a. God's word can be medicine to the hurting areas of our life