

# **CAN'T STOP THIS**

## **Part 3: Beating Back Fear**

### **FEAR; A BARRIER TO PROGRESS**

- The fears we wrestle with
  1. Fear of failure
  2. Fear of rejection / embarrassment
  3. Fear of death
- God does not want His children living in fear
  1. Never His intent - we don't even see fear until Adam sinned
  2. Fear not is an often repeated message in scripture
  3. God did not give us a spirit of fear **(2 Timothy 1:7 NKJ)**

### **GIDEON MAKES PROGRESS PAST HIS FEARS - FINALLY!**

- He was actually facing a daunting situation **(Judges 7:9-12 NKJ)**
  1. He was greatly outnumbered
- God had an answer for Gideon's fear
  1. God saw the end result - the victory
  2. God wanted Gideon to have another source of input
  3. God knew the fear would limit Gideon
- Gideon finally agrees with God **(Judges 7:13-15 NKJ)**
  1. The first time Gideon worships God
  2. The first time Gideon says what God had been saying
  3. Gideon was then positioned for progress

### **THE PROCESS OF BEATING BACK FEARS**

- Denying fear's ability to dominate you
  1. Be willing to look at the fears you deal with
  2. Don't be afraid to face the fear **(Psalm 34:4 NKJ)**
- Get the right kind of input
  1. Don't feed the fears
  2. The best input - What does God say? **(Psalm 119:130 NKJ)**
- Agree with God
  1. Way too often we agree with fear
  2. Say what God says **(2 Corinthians 5:7 NKJ)**
  3. Overcoming fears in your life positions you for progress and helping others