

# THE VOICE

## Part 6: Reasons and Benefits of Rejoicing

Text: *Psalm 118:15*

### DAVID'S EXAMPLE OF REJOICING

- A. Nowhere to run and hide **(1 Samuel 21:10-15 NKJV)**
  - 1. Had to run to the enemy's land and then act crazy to escape
  - 2. David wrote the 34th Psalm after this incident
- B. Escaped to a cave **(1 Samuel 22:1-2 NKJV)**
  - 1. Still concerned for his life
  - 2. All the unhappy people joined him
  - 3. Instead of writing the blues he writes **(Psalm 57:1&7 NKJV)**

### BENEFITS OF REJOICING

- A. Connects us to the Lord and His work in our lives **(1 Peter 1:8 NKJV)**
  - 1. We can rejoice in the Lord that we have not seen
  - 2. We can rejoice in things we believe but have not seen as yet
- B. Helps us keep from becoming down and despondent **(Habakkuk 3:17-19 NKJV)**
  - 1. When things are not going to plan we have a choice
  - 2. The writer expressed confidence that God would cause him to walk above the problems
- C. A place of spiritual safety **(Philippians 3:1 NKJV)**
  - 1. Paul was basically saying "don't get tired of hearing this" **(Philippians 4:4 NKJV)**
- D. A place of spiritual strength **(Nehemiah 8:10 NKJV)**
  - 1. We were made for joy not sorrow **(Proverbs 15:13 NKJV)**
  - 2. We are the ones who determine if we have a merry heart or a sorrowful one
  - 3. Our words will play a major role **(Proverbs 15:23 NKJV)**