

CHANGE AND CONTROL

Part 5: Changing/Transforming Our Mind

THE CHANGE/TRANSFORMATION PROCESS *(Romans 12:2 NKJV)*

A. The world and other religions make an attempt to deal with the mind

1. Meditation is training the mind as you would train the body
2. Biblical meditation also involves controlling thought *(Philippians 4:8 NKJ)*
(Psalm 119:97 NKJ)

B. Meditations on Psalm 118

1. God is really good *(Psalm 118:1 NKJ)*
2. God will answer me *(Psalm 118:5 NKJ)*
3. The Lord is for me *(Psalm 118:6-7 NKJ)*
4. The Lord is helping me *(Psalm 118:13-14 NKJ)*

C. Filtering the thoughts, feelings and impressions *(Ephesians 5:14a NLT)*

1. We have to be able to recognize which ones are wrong
2. God's truth is the best filter in sifting out wrong thoughts and impressions
(Psalm 119:130 NKJ) *(John 17:17 NKJ)*

D. More than just a mechanical process - a heart for God and His wisdom *(Proverbs 2:1-6 NLT)*

1. We want to know more about God
2. We value His word and His wisdom