

# **GREATER THAN**

## **Part 3: Greater Than Negativity**

### **THE POWER OF POSITIVE**

#### **A. Clinically proven benefits to being positive**

1. Increased life span
2. Lower rates of depression
3. Better coping skills during hardships and times of stress

#### **B. Not designed to live in negativity (*John 16:33 NKJV*)**

1. Everything here on earth will not be positive
2. But connected to the Lord...

### **JOSEPH: POSITIVE DESPITE PRISON (*Genesis 40:2-8 NKJV*)**

#### **A. Joseph must not have lived sad in prison**

1. He was put in charge of the entire place
2. Noticed that 2 prisoners were sad
3. People wrapped up in their own sadness are typically not aware of others

#### **B. Joseph sowed seeds of kindness**

1. What would he care if the other prisoners were sad?
2. He believed God would give him the answer
3. His seeds of kindness paid off - 2 years later

#### **C. Joseph acknowledged God's goodness in his life (*Genesis 41:50-52 NKJV*)**

1. He gave his sons Hebrew names
2. The names were a witness/testimony to what God had done

### **YOU AND GOD CAN BECOME GREATER THAN THE NEGATIVITY**

#### **A. Because God is with us...**

1. We have something else to focus on - the present situation is not the last word
2. We have a reason and the capacity to resist fear
3. We can live on the right side of life (*1 Corinthians 15:57 NKJV*)

#### **B. Armed with God's promises we can plant positive seeds (*Galatians 6:7 NKJV*)**

1. Seeds of kindness and service that benefit us and those we help
2. A proactive way to move forward
3. Expecting a good harvest is a very positive mindset

#### **C. By God's grace and help...**

1. He can cause us to forget the pain of the past
2. He can cause us to overcome, be productive, live greater than the negativity