

# **CHANGE AND CONTROL**

## **Part 4: Freedom And Control**

### **EMBRACE THE IDEA THAT FREEDOM IS YOURS**

#### **A. Freedom has to be enforced (*Ephesians 6:10-11 NKJV*)**

1. There would be no need for armor if there was no conflict

#### **B. Our greatest conflict impacts our hearts and minds (*John 14:27 NKJV*)**

1. Jesus has given us His peace
  - a. He gives us His right standing with God (*1 Corinthians 1:29-31 NASB*)
  - b. A byproduct of righteousness is peace (*Isaiah 32:17-18 NIV*)
2. Do not let your heart be troubled or fearful
3. What we keep on our mind impacts our heart (*Romans 12:2 NKJV*)

#### **C. We have to embrace the spiritual truth that we are not the ones dominated by outside forces or influences**

1. A tactic of Satan our enemy is that we are the victims (*1 John 5:4 NKJV*)
2. We can become strong minded and establish new patterns of thinking and perspective

### **LEARNING TO CONTROL THE MIND/THOUGHTS**

#### **A. More than just a mechanical process - a heart for God and His wisdom (*Proverbs 2:1-6 NLT*)**

1. We want to know more about God
2. We value His word and His wisdom

#### **B. Filtering the thoughts, feelings and impressions (*Ephesians 5:14a NLT*)**

1. We have to be able to recognize which ones are wrong
2. God's truth is the best filter in sifting out wrong thoughts and impressions (*Psalms 119:130 NKJ*) (*John 17:17 NKJ*)