

## TO KEEP FROM SLIPPING

### SOME THINGS WE HAVE TO BE INTENTIONAL ABOUT

- Things that do not get better if ignored
  1. Yard / garden
  2. Physical / mental health
  3. Important relationships
- Add spiritual growth and health to this list (**Hebrews 2:1 NKJ**)
  1. Drift away = to slip; slip away in a gradual unnoticed movement
  2. But we can keep from slipping - we'll have to be intentional

### AN IMPORTANT STORY (Luke 17:11-19 NKJ)

- The ten lepers asked for mercy
  1. People in their condition would most likely not feel entitled
- Help comes in a different way
  1. Jesus told them something to do
  2. They were smart enough to act on His word even though...
- One comes back
  1. He recognized that Jesus had healed him
  2. He turned around and came back to give thanks
  3. Jesus was looking for the nine

### TO KEEP FROM SLIPPING

- Recognize our spiritual health has to be maintained (**Philippians 4:1 NKJ**)
  1. Paul repeated this phrase twice in the letter
  2. Standing firm in our faith in Christ and the things concerning God's kingdom
- Glorify God and stay thankful (**Romans 1:21 NKJ**)
  1. Helps us keep God in our thoughts
  2. Keeps our heart in the light
- Rejoicing in the Lord is the safe place (**Philippians 3:1 NKJ**)
  1. Paul was inspired to be repetitive
  2. At the risk of being redundant this was the best thing for them
  3. It requires effort to turn and give thanks - does not come naturally