

GUIDED BY GOD

Part 4: Where to Lean

Text: *(Proverbs 3:5-6 NKJV) 5 Trust in the Lord with all your heart, And lean not on your own understanding; 6 In all your ways acknowledge Him, And He shall direct your paths.*

SPIRIT, SOUL AND BODY

- The body - easiest to identify
 1. Referred to as a tent, tabernacle
 2. Has to be disciplined
- The soul - seat of emotions and reasonings
 1. Referred to as the mind that has to be renewed
 2. God's word has been given to us to help renew
 3. Very much connected to the spirit of man
- Our spirit is the part of us that is eternal and born again *(John 3:5-6 NKJV)*
 1. Our spirit is made new
 2. Our spirit (heart) can be either strong or weaker *(Proverbs 18:14 NKJV)*
 3. Our spirit is where we receive God's guidance *(Proverbs 20:27 NKJV)*

LEANING NOT ON OUR OWN UNDERSTANDING

- Does not mean we cease to think
 1. Lean = to rely on
 2. Understanding = comprehension / discernment
- Classic Biblical example of things beyond understanding *(1 Kings 17:8-16 NKJV)*
 1. Being sent to a foreign country
 2. Bring me some first
 4. She trusted in the God of Israel and wound up very blessed - in a famine

HOW DOES THIS EXAMPLE APPLY TO OUR LIVES TODAY?

- Areas to trust and not lean on our feelings or reasonings
 1. The importance of our words *(Proverbs 18:21 NKJV) (James 3:3-5 NKJV)*
 2. Not worrying *(Philippians 4:6-7 NKJV)*
 3. A positive lifestyle *(1 Thessalonians 5:16-18 NKJV)*