

HEART THERAPY

Part 2

TEXT: *Proverbs 18:14 AMPC The strong spirit of a man sustains him in bodily pain or trouble, but a weak and broken spirit who can raise up or bear?*

GOD'S DESIGN FOR HEART THERAPY (*Proverbs 4:20-22 NKJV*)

- God's word has to be a priority
 1. Jesus emphasized the importance of God's word
 2. God's word is spiritual food
 3. We have to be intentional in paying close attention
 4. What we give to God's word is what we receive from it (*Mark 4:24 NKJV*)
 5. There will be noise we have to tune out (*Mark 4:19-20 NKJV*)
- Connect God's word to your vision
 1. Don't let His word depart from your eyes
 2. Beginning to "see ourselves" in the light of God's word (*Romans 8:6 NKJV*)
(*Ephesians 2:10 NKJV*)
 3. Keeping God's word in the midst of your heart (*Joshua 1:8 NKJV*)
(*Romans 10:8 NKJV*) (*1 Timothy 4:15 NKJV*)
- Recognize the spiritual power in God's words
 1. Can bring life to areas that have never been productive (*Romans 4:18 NKJV*)
 2. Health - also translated medicine