

# **CONFIDENCE**

## **Part 2: Getting Your Confidence Back**

### **CONFIDENCE**

- Confidence impacts our lives
  1. It is a filter that tints how we see challenges
  2. Expands our ability
- Confidence can get shaky **(1 Thessalonians 3:2-3 NLT)**
  1. Paul sent Timothy to build up their confidence
  2. Confidence can go from shaky to strong

### **WHEN DAVID HAD TO GET HIS CONFIDENCE BACK (1 Samuel 30:3-10 NKJ)**

- David took some major losses
  1. In his relationships - wife and children and the uncertainty of their welfare
  2. In possessions - home and money
  3. His leadership position - men turned against him
- David's response and recovery
  1. He was devastated - wept until he couldn't
  2. He did not lash out at the men who turned on him
  3. He did not get angry at God - he honored the relationship
- With his confidence in God back, David took action
  1. Praying about pursuit - a confident prayer
  2. His confidence inspired his men - they went with him

### **YOU CAN GET YOUR CONFIDENCE BACK (FOLLOWING DAVID'S PATTERN)**

- Don't get bogged down by blame
  1. Don't blame God, He is your answer not your problem
  2. Other people - when you move on is when you stop being a victim
  3. Yourself - you can not redo the past, so move on in your mind **(2 Corinthians 2:7 NKJ)**
- Do the things that bring strength
  1. Escape will not strengthen you
  2. Turn to God for strength **(2 Corinthians 1:3-4 NKJ)**
- Take some action steps
  1. Positive action strengthens your confidence